# Is your child on track?

# Know the warning signs for developmental delays.

### A Few Examples of What Most Babies Do at the Following Ages:

### Social/Emotional

- 6 Months Knows familiar faces and begins to know if someone is a stranger
- 9 Months May be clingy with familiar adults
- 12 Months Has favorite things and people
- 18 Months Plays simple pretend, such as feeding a doll

## **Language/Communication**

- 6 Months Responds to sounds by making sounds
- 9 Months Uses fingers to point at things
- 12 Months Tries to say words you say
- 18 Months Says and shakes head "No"

# Cognitive (Learning, thinking, problem-solving)

- 6 Months Brings things to mouth
- 9 Months Moves things smoothly from one hand to the other
- 12 Months Explores things in different ways, like shaking, banging, throwing
- 18 Months Knows what ordinary things are for; for example, telephone, brush, spoon

# **Movement/Physical Development**

- 6 Months Begins to sit without support
- 9 Months Crawls and can pull to stand
- 12 Months May take a few steps without holding on
- 18 Months Walks alone, may walk up steps and can run

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Ask your doctor for more information about developmental delays.

